



# *This is why I paddle...*



*"YSB saved my life. I'd be dead by now, either I'd have overdosed on accident or killed myself on purpose. But the YSB workers are so great...given me the strength to work on getting better. Now I'm applying to colleges, something I never thought I'd be able to do."*

Taylor  
18 years old  
Client



*"Camp taught me that I'm capable of everything I thought was impossible for me to do. I learned to be kind and caring, discovered perseverance and trust. Most importantly, I learned to never give up on myself."*

Sydney  
THCF Summer Camper



The Ottawa Dragon Boat Foundation Community Fund offers charities an opportunity to apply for funding throughout the year under the categories of community health, community development and community services. Selected charities will receive funding up to \$10,000 for new and existing programs or projects. Recent recipients have included the Children's Aid Foundation, Helping With Furniture, Ecology Ottawa with more to come!

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